



HOLY IS ANY PLACE WHERE IT IS SAFE TO TELL YOUR STORY.

HOLY IS ANY PLACE THAT CREATES JUSTICE.

St. Stanislaus Church

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St. Stanislaus Church Bulletin
St. Stanislaus Church
398 Superior Street
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Dear People Whom God Loves,

Spirituality

We now turn to how we project onto others these disowned parts of ourselves that we no longer see as part of us.

Using the example of anger again, when our anger has been put into our shadow (which means we aren't aware that we are angry), why do we see others as angry? At some level, we know that anger is present, but since it's not in me, it must be in you. Maybe the other person is angry, but I don't see it in myself. So we are only half-right. At other times, the other person or persons are not angry, but I think that they are because since it is not in me, it must be in them. In this case, we are completely wrong.

When other people really bother us, it most often means that there is a part of us that we don't recognize. This doesn't mean that we do not see things in others. It is good to do so, as this gives us information about them in order to understand them better or, on occasion, to protect ourselves from them. But if their behavior "drives us up a wall" and is really not threatening us personally, it is a good sign that they are touching our shadow.

I find it valuable to look at some public figures that really bother me. That helps me to see parts of myself that I have disowned. This is hard for me to do. It is very uncomfortable, but I recommend it to you.

As we understand what the shadow (also called the disowned self) is, we can look at how our disowned self can be owned once again.

We could put it this way: How can we become aware of our shadow and thus prevent the harm that it does to ourselves and others? Since we are not aware that the shadow is there, it might seem impossible to bring it to awareness.

First of all, I find it helpful to realize that my having a shadow does not make me bad. When I do bad things because of my shadow, I have the responsibility to seek healing. We may need competent help to do this.

Next I must let myself think about people and situations that are deeply irritating and upsetting to me. They draw me to lose my cool, and I have to struggle to contain myself. I must ask myself, Is seeing or even thinking about this person just giving me information that might help me deal with the situation or person, or is it driving me up a wall? My tendency would be to rationalize that it is the former rather than the latter.

For example, suppose I am in a situation where someone is micromanaging. I see that I don't like that. Do I just use this information to learn how to recognize that micromanaging, when it is a pattern, is not a good way to manage? Or do I think this person is bad, that I can't stand them, or that I wish them harm.

When this is the case, it is a sign that something is in my shadow. Maybe I don't micromanage anymore, but there is still a resentment down inside that has not healed. This can result in symptoms like headaches and depression. It may also come out in actions that are harmful.

More to come.

Smile, God loves you,

Father Clay

AUGUST CALENDAR

MONDAYS

- Al-Anon: 11:30am-12:30pm, online.

TUESDAYS

WEDNESDAYS

- Movie/Family Fun Night - **Saturday, August 14**, 7:30pm-10:15pm @ Church.
Movie, Games and Trivia!

THURSDAYS

- Centering Prayer: 12:00-1:00pm, Parish Center on August 5, 12, 19 and 26 and 7:00-8:00pm currently meeting online on August 12 and 26.
- Lectio Divina: 6:00-6:50pm currently meeting online on August 12 and 26. Please call Lindsay Lopez at 651-292-1913 with any questions.

SATURDAYS

- Penance: 3:00-3:30pm
- Mass: 4:00pm

SUNDAYS

- Mass: 8:00am and 10:00am

AUGUST SPECIAL EVENTS

- ❖ Doughnut Sunday August 14 & 15 after each Mass time.
- ❖ Youth Group Movie Fun Night: August 14, 7:30-10:15pm at Church.
- ❖ Joint Pastoral Councils (Finance and Parish) Meeting: August 22, 11:00am. Church Hall.

MASSES—AUGUST 7—AUGUST 15, 2021

Sat. 4:00 Larry Gevais	Sat. 4:00 Peggy Sanchez
Sun. 8:00 Rosanne Hertel	Sun. 8:00 Louise Eggleton
10:00 Clarice Gombold	10:00 Bonnie Eggleton

Mass Readings: 19th Sunday in Ordinary Time

First Reading: 1 Kings 19:4-8 (116B)

Second Reading: Ephesians 4:30-5:2

Gospel: John 6:41-51

LECTIO DIVINA

Do not grieve the Holy Spirit of God, with which you were sealed for the day of redemption. All bitterness, fury, anger, shouting and reviling must be removed from you, along with all malice. And be kind to one another, compassionate, forgiving one another as God has forgiven you in Christ.

SAFETY PRACTICES AT MASS CONTINUE

We continue to practice social distancing at St. Stan's and encourage wearing masks, especially if you are not vaccinated. However, presently masks are not required. This is subject to change, and given the recent variants and virus surges, it may occur sooner than later. We have a designated basket to collect all donations in lieu of ushers and our holy water fonts remain emptied. We also continue to live stream our Saturday 4pm Mass. Pews will be marked to maintain social distancing. We regularly review the Minnesota Department of Health safety protocol guidelines to maintaining a safe worship environment for all. Missals and songbooks have been temporarily removed from the pews as a precaution. We will not be singing until safe to do so. Please feel free to contact Kim Myers, Parish Administrator at 651-224-7998 or kimmyers@ststans.org with questions or concerns.

DOUGHNUT SUNDAY

After Mass times on the weekend of August 14 & 15, we invite all to gather together in our Church Hall for **Doughnut Sunday** to share and reconnect.



MISSION APPEAL FOR THE DIOCESE OF ILORIN

As part of the 2021 Missionary Cooperation Plan (MCP), St Stanislaus welcomed Fr. Solomon Farinto, who represented the Ilorin Diocese of Nigeria and celebrated Mass with us the weekend of July 25 & 26. This Diocese established the St. Vincent Vocational Training Center as part of their commitment to preaching the Gospel not just with words but also with action. The Center was established to serve the needs of impoverished widows and those who have been displaced due to violence and terrorism. Donations received will be used to equip the St. Vincent Vocational Training Center. Thank you for your generous financial support of this Mission. To date, St. Stan's has collected \$2,060.00 for the St. Vincent Vocational Training Center.

FALL FEST SEPTEMBER 12

This year's **Fall Fest** event will be held on St. Stan's church lawn on **September 12, 2021** from 11am to 3pm.

- Our Fall Fest will center around an outside picnic meal, raffle, and pull tabs event.
- While we are still living with the COVID19 pandemic and as more people become vaccinated, we want to gather and enjoy time together as a community while continuing to avoid any unnecessary safety risks. Our time together will feature food, fun, games, raffle, music and opportunity to reconnect with one another. **Volunteers needed!** Please contact Kim Myers at 651-224-7998 or kimmyers@ststans.org if you would like help out!

CRAFT FAIR OCTOBER 2

This year we will be hosting the annual **St. Stan's Craft Fair** in our Church Hall on **Saturday, October 2, 2021** from 9am to 4pm. We already have several crafters signed up, and we look forward to this event open to the Parish and surrounding communities. **Tables still available at \$35 each.** Please contact Lindsay Lopez at 651-292-1913 or lindsay@ststans.org.

FALL OFFERINGS

As we move together on our **Spiritual Journey**, please watch for upcoming workshops and retreats. The Welcoming Prayer Retreat facilitated by Mary Lapham, Welcoming Prayer Service Team and 12 Step speaker, will be held on Sunday, November 14 from 11am to 1pm in the Parish Center. The follow-up meeting for this retreat will be Sunday, January 9 from 11am to 1pm. The Welcoming Prayer practice embodies the practice of Yes for everyday life; this prayer practice provides a means for moving deeper into Trust and Intimacy with God.



FALL RELIGIOUS EDUCATION REGISTRATION

Registration for **All** Youth Programming will be the weekend of **October 2 & 3** before and after each Mass, in the Parish Center. Programs include Religious Education: Kindergarten – Sixth Grade, and Sacrament (Reconciliation, Eucharist and Confirmation) Classes and Youth Group 7-12 grades.

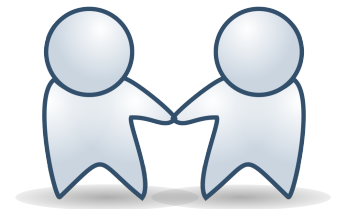
YOUTH GROUP REGISTRATION

Youth Group and Confirmation registration will be on Wednesday, **September 29**, 6-8pm in the Church Hall.

HOLY IS ANY PLACE...

Our Parish Community has gone through significant changes over the last couple of years, and we have faced together the challenge and hardships around the COVID19 pandemic this past year and going forward. Our Pastoral Councils (Finance and Parish Councils), Trustees and Parish Administrator have been meeting regularly to review our financial position and the current state of affairs at St. Stan's. We agreed it is important at this time to form a St. Stan's Stewardship Committee to help facilitate discussions with our entire Parish Community in an effort to address the current and future needs of St. Stan's.

The Stewardship Committee will include St. Stan's Parishioners from the Pastoral Councils, St. Stan's Staff and Members of our Congregation. This group plans to host discussion meetings for the entire Parish Community on five Wednesday evenings this fall to address different topics important to our mission at St. Stan's Parish. **Please Save the Dates for these Wednesday Evenings: October 6, 13, 20, 27 and November 3.** An agenda for each of the Wednesday meetings will be provided this fall. Holy is any place where it is safe to tell your story. Holy is any place that creates justice.



ARCHDIOCESAN SYNOD—SAVE THE DATES BEGINNING THIS SEPTEMBER

As part of the ongoing three year Archdiocesan Synod process which began in 2019 with the Prayer and Listening events, we are now approaching the third year. In Year 3, "The Church Engages" and small groups plan to meet in every parish to learn, pray and discuss the three focus areas outlined by Archbishop Hebda. These three areas consist of:

1. Forming parishes that are at the service of evangelization
2. Forming missionary disciples who know Jesus' love and respond to his call
3. Forming youth and young adults in and for a Church that is always young

We invite all parishioners to join in the upcoming six small group sessions to learn, pray and discuss the three focus areas beginning in September, 2021. Parish feedback will then be used to help inform the Deanery consultation in early 2022. The process will culminate in the Archdiocesan Synod Assembly held Pentecost weekend, June 3-5, 2022. Please save the dates for meetings at St. Stan's on **September 19, 26; October 3, 10, 17 and 24**. More information to follow. For further information on the Archdiocese Synod please visit archspm.org/synod.

SPECIAL THANK YOU TO OUR VISITING PRIESTS IN JULY: We thank Fr. Mike Slusser, Fr. Matt Linn, Fr. Solomon Farinto and Fr. Huy Vu for celebrating Mass with us!