



HOLY IS ANY PLACE WHERE IT IS SAFE TO TELL YOUR STORY.

HOLY IS ANY PLACE THAT CREATES JUSTICE.

St. Stanislaus Church

398 Superior Street St. Paul, MN 55102
www.ststans.org or FB @saintstanislauschurch
651-292-0303 office, 651-292-1098 fax

Father John C. Clay

Pastor Emeritus
Born July 7, 1926
Died September 13, 2020

Father Dennis Thompson

952-898-6954
dennytee@charter.net

Kim Myers

Administrator
651-224-7998
kimmyers@ststans.org

Pat Heroff

Baptism, Wedding, Funeral, Secretary/Sacristan
651-964-2808, pat@ststans.org

Lindsay Lopez

Education Director
Safe Environment Coordinator
651-292-1913, lindsay@ststans.org

Kristine & Chris Ranweiler, Laurie Russell Pickert

Youth Directors
651-292-1390, kristine@ststans.org

Barb Johnson

Housekeeping/Funeral Lunch
651-216-3295

Dolores Hunstad

Pastoral Minister
651-303-4995 or 651-493-9281

Tim Lucas

Building Manager
651-336-7072

St. Stanislaus Church Bulletin
St. Stanislaus Church
398 Superior Street
St. Paul, MN 55102

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Dear People Whom God Loves,

One Christian's Journey, a Different Perspective

For a number of years I would experience having this ribbon of light spiraling up and up and then exploding. All this was very scary. I didn't have a clue about what was going on. I never said anything to anyone. I was just scared all by myself. One time it happened when I was probably about nine or ten. I was sick. I had the flashback of the spiraling and exploding light. I must have screamed because my dad came in and asked what was wrong. I didn't have words to tell him so I just said, "You know, the accident." I couldn't think of any way to explain the ribbon of light that exploded. Since there had been no "accident," my dad thought I was just delusional because of my sickness. I was still alone with my fear.

When I was in second grade we had little school desks that were screwed into wooden runners so that one desk was directly behind the other. My desk was a little over halfway past the middle of the row. I would frequently imagine that my desk was enclosed by glass that was several feet higher than the desk, so that I was seated higher than the other children. I was higher up and enclosed in my glass compartment that nobody could get into. I was safe. There was a place in school where I didn't have to be afraid.

Another series of fears developed, I would guess during the years when I was seven to ten years old and my brother Jimmy was four to seven years old. We shared a double bed and we would wrestle from time to time.

If my body was under the covers but my arms were not, when he was on top of me I had no fear. With my arms on top of the covers I felt perfectly safe because I could defend myself. There was no trigger when my arms were on top of the covers.

But even though I was bigger than Jimmy was, if I was under the covers arms and all, and he was on top of me, I would freak out. It was the same helpless feeling that I had while being held down on the operating table (though I didn't know it).

When I was a young priest in the 1950's, I was at a small meeting in Richfield to discuss developing its recreational facilities. We all sat around a small table. I became frozen and I was completely unable to talk. Toward the end of the meeting someone asked me, "Father do you have something to add?" I could not say anything. I just shook my head no. I couldn't imagine what was going on. I felt that I was really weird.

Remember that for some years I had been giving sermons, teaching class, being at all kinds of meetings and had had no trouble talking at all. There must have been something in that meeting that triggered that old frozen energy and fear that was still in me. There are still times when that hits me.

I am grateful that I now have some understanding of what is going on. This is helpful, but I have need of more healing. I am learning to heal by allowing myself to be aware of the bodily sensations coming from my reptilian brain and the emotions from my mammalian brain. As best I can, I don't judge them. That means not thinking they are good or bad, but just accepting that they are there.

More to come.

Smile, God loves you,
Father Clay

FEBRUARY CALENDAR

MONDAYS

- Al-Anon: 11:30am-12:30pm, online.

TUESDAYS

- Women’s Spirituality Group: 5:00-6:30pm, Parish Center library. Meets this month February 1, 8, 15 and 22. Please call Lindsay Lopez at 651-292-1913 with any questions.

WEDNESDAYS

- Youth Group: Meets 6:30pm—8:00pm, Grades 7-12, Church Hall.

THURSDAYS

- Women’s Spirituality Group: 9:30am-11:00am online and in person, Parish Center library. Meets this month February 3, 10, 17 and 24.
- Centering Prayer: 12:00pm-1:00pm, Parish Center and 7:00-8:00pm (currently meeting online) on February 3, 10, 17 and 24.
- Lectio Divina: 6:00-6:50pm meeting online on February 3, 17, 20 and 24. Please call Lindsay Lopez at 651-292-1913 with any questions.

SATURDAYS

- Penance: 3:00-3:30pm
- Mass: 4:00pm

SUNDAYS

- Mass: 8:00am and 10:00am

FEBRUARY SPECIAL EVENTS

- Parish Synod Leadership Team Consultation: Saturday, February 26, Church Hall
- Jane Campbell to speak on the **Beatification of Brother James Miller**, who was beatified by Council in Rome on March 19, 2018. Brother James was a member of Jane’s family: Weekend of February 12 & 13 after Mass times.



MASSES—FEBRUARY 5—FEBRUARY 13, 2021

Sat. 10:00 Rolf Middleton	Sat. 4:00 Fr. Clay
Sun. 8:00 Nicholas Zimmer	Sun. 8:00 Clarice Gombold
10:00 Kathy Jelnick	10:00 Mickey Ferguson

LECTIO DIVINA

Blessed are those who mourn, for they shall be consoled. Blessed are those who hunger and thirst for righteousness, for they shall have their fill.

Mass Readings: Fifth Sunday in Ordinary Time

First Reading: Isaiah 6:1-2a, 3-8 (75C)

Second Reading: 1 Corinthians 15:1-11 or 15:3-8, 11

Gospel: Luke 5:1-11

MONTHLY BULLETINS CAN BE EMAILED TO YOU!

Each month, we send by mail and email the monthly bulletin to our parishioners. Every other weekend, the bulletins are printed and distributed at church for that particular weekend. We do offer the option of an emailed monthly bulletin in lieu of the mailed paper bulletin. The emailed monthly bulletin does contain some links and resources not available in the paper bulletin. If you would like to have the monthly bulletin emailed to you, rather than mailed you can

- 1) Text ‘STSTANSMN’ to 84576 OR
- 2) Click [HERE](#) to enter your name and email OR
- 3) Contact Kim Myers, Parish Administrator
kimmyers@ststans.org or 651-224-7998.



Brother James Miller

September 21, 1944

Born in Wisconsin

February 13, 1982

Died Huehuetenango, Guatemala

7 December 2019

Beatified Huehuetenango, Guatemala

THE CATHOLIC SPIRIT

If you would like to receive a free subscription of [The Catholic Spirit](#) newspaper, please feel free to contact Kim Myers, Parish Administrator at 651-224-7998 or kimmyers@ststans.org. Sign up is also available on the homepage of [The Catholic Spirit](#) website. Free subscriptions are made available by our Archdiocese.



*** VOLUNTEERING ***

GREAT WAY TO GET TO KNOW FELLOW PARISHIONERS AT ST. STAN'S

- ❖ St. Stan's is looking for new people to participate in its **Greeter Ministry**. Greeters welcome people to church on weekends, and provide the first contact to newcomers, people returning to the church after an absence, and regular attendees. This one-to-one ministry acknowledges the importance of each person attending mass. What an honor! We are looking for new greeters at all of our weekend masses: 4 pm Saturday, 8 am Sunday and 10 am Sunday. Please contact Pat Tommet at 651-698-1969 or ptommet@tc.umn.edu for more information and to sign up.
- ❖ We also invite those of you who may be interested in serving as **Lectors** at our Mass times. This is a special way to help out St. Stan's and learn more deeply about the teachings of Scripture.
- ❖ In 2022, we plan to form a volunteer group to provide the **Eucharist to the homebound**. More to come.

** Please contact Kim Myers, Parish Administrator, at 651-224-7998 or kimmyers@ststans.org if you are interested in serving as a lector or participating in the homebound outreach.

VOTIVE CANDLES

The lighting of votive candles in church signifies our prayers entering the light of God. We welcome your prayers with the lighting of candles. At this time with ongoing COVID safety precautions, we invite you to let us (staff, lector or Father Dennis) know if you would like to light a votive candle so we can get the candle for you from our sacristy. Suggested donation for the lighting of votive candles is \$2.00.



MARCH 19, 2022 RED CROSS BLOOD DRIVE

St. Stan's will again be hosting a blood drive to support the Red Cross, **Saturday, March 19 from 9am-3pm**. There will be a Red Cross blood mobile in front of the church. To sign up contact Mark Thiel at 651-647- 6675 or mmmka@comcast.net. You may also register at www.redcrossblood.org and use sponsor code "St Stan." Refreshments will be provided, also inside the blood mobile. We are grateful to Mark Thiel for overseeing the outreach on behalf of this important community drive.

SAFETY PRACTICES AT MASS CONTINUE

We continue to practice social distancing at St. Stan's, and due to the St. Paul mask mandate and safety needs, **we are currently requiring masks for those vaccinated and unvaccinated**. We have a designated basket to collect all donations in lieu of ushers and our holy water fonts remain emptied. We also continue to live stream our Saturday 4pm Mass. Pews are still marked to maintain social distancing. We regularly review the Minnesota Department of Health (DOH) safety protocol guidelines to maintaining a safe worship environment for all. Please feel free to pick up a copy of the recent MN DOH webinar Q & A regarding safe practices for faith institutions available in our vestibule. Missals and songbooks have been temporarily removed from the pews as a precaution. However, we welcome you to pick up a Heritage Missal to keep with you and use when you attend Mass. We will not be singing until safe to do so.

ST. STANS STEWARDSHIP COMMITTEE

This fall a group of St. Stan's parishioners and staff gathered together for five Wednesday evenings to address what St. Stan's is doing well, what we might want to discontinue, and what are our current and future needs. The committee concluded the first two priorities should be improving Communication and Enhancing our Community Outreach. The Stewardship Committee plans to address the parish community and will continue to meet throughout 2022 to identify how the St. Stan's community can continue to work together to fulfill our Mission Statement. Dave Bredemus, one of our St. Stan's Trustees will address the parish on the work of the Stewardship Committee in March. More to come.

SYNOD

Due to the uptick in the pandemic and the inability to hold large gathers socially distanced, Archbishop Hebda has decided to change the format and date of the Synod consultation. It will now be called the Parish Synod Leadership Team (“PSLT”) Consultation and will take place for 5 1/2 hours on Saturday, February 26 at each parish. If you have interest in attending this event, please contact Kim Myers at kimmyers@ststans.org or 651-224-7998.

FATHER MATT LINN TO SPEAK AT ST. STAN’S IN MARCH

We welcome Father Matt Linn to St. Stan’s on Sundays, ***March 13 and 20, 2022*** at 11:00 a.m. in our Church proper. Father Linn will speak on the Alcoholics Anonymous’TwelveSteps and will address Step 10 on Sunday, March 13 and Step 11 on Sunday, March 20.

Step 10: Continued to take personal inventory and when we were wrong promptly admitted it.

Step 11: Sought through prayer and meditation to improve our conscious contact with God as we understood Him, praying only for knowledge of His will for us and the power to carry that out.

Fellowship will follow the lectures in our Church Hall. Of note—Father Matt Linn has co-authored with Sheila Fabricant Linn and Dennis Linn, among many titles, a book called *Belonging: Bonds of Healing and Recovery*, you might find interesting and helpful.